Brewer Health & Science Resource Center
325 N. Central Ave., Richland Center, WI 53581
Phone: (608) 647-6513 FAX: (608) 647-6797

We have the following books on Anti-Aging, Longevity, etc.

**Stop Aging Now! (1995)
by Jean Carper

**Stopping the Clock (1996)
by Dr. Ronald Klatz

by Terry Grossman, MD

**Healthy at 100 (2006)
by John Robbins

**Aging Well (2002)
by George E. Vaillant, MD

**Real Age Are You as Young as You Can Be? (1999)
by Michael F. Roizen

**The Mayo Clinic Plan for Healthy Aging (2006)
by Mayo Clinic

by Sheldon Saul Hendler, MD

by Ray Kurzwell
*How to Live Longer and Feel Better [2006]
by Linus Pauling

*How to Live 100 Years Without Growing Old [2002]
by Bill Sardi

*The Longevity Diet [2005]
by Brian M. Delaney

*Solution to Outsmart Aging 2-CD Set
by Dr. Masley

**The Canyon Ranch [2001]
by Mel Zuckerman

**The Longevity Code [2001]
by Zorba Paster, MD

**Biomakers The 10 Determinants of Aging You Can Control [1991]
by William Evans, Ph.D.

*Anti-Aging Manual [2000]
by Joseph B. Marion

*You Can Be Well At Any Age: Your Definitive Guide to Vibrant Health & Longevity [2000]
by Steven Whiting, Ph.D.

*Reverse the Aging Process Naturally [1993]
by Gary Null

**Gary Null's Ultimate Anti-Aging Program [1999]
by Gary Null

**Gary Null's Guide to A Joyful Healthy Life [2000]
by Gary Null

*How to live Forever [2011]
by Gary Null
*Gary Null's Power Aging [2003]
by Gary Null

[23 books]
[2 CD]

**Hardcover  *Paperbacks
We have the following books on Arthritis, Chronic Fatigue, Back Pain & Fibromyalgia

*Healing Muscle Pain (2001)
by Elisabeth Aaslid

*Pain Buster-A Breakthrough 4-Step Program for Ending Chronic Pain (2001)
by John M. Stamatos

by Shari Liegerman, Ph.D.

by Jim Johnson, P.T.

by John E. Sarno, M.D.

*Pain Free at Your PC (1999)
by Pete Egoscue

*Doctors Guide to Back Pain Relief (1997)
by James H. Wheeler, M.D.
*Back Pain Relief The Ultimate Guide [1997]
by Robert H. Miller & Christine A. Opie

*The Truth About Chronic Pain [2003]
by Arthur Rosenfeld

*The Back Power Program [1990]
by David Imrie, MD & Lu Barbuto, DC

*The 7-Minute Rotator Cuff Solution [1991]
by Joseph Horrigan, DC & Jerry Robinson

*Instant Relief-Tell Me Where It Hurts and I'll Tell You What to Do [2003]
by Peggy W. Brill, P.T.

*Beyond Aspirin [2000]
by Thomas M. Newmark & Paul Schulick

*ZackBack Sitting-The Revolutionary Solution for Relieving Your Pain and Improving Your Posture! [1998]
by Dennis Zackarkow, PT

*No More Knee Pain [2004]
by Dr. George J. Kessler

*Knee Pain-The Self-Help Guide [2000] [Hard & Soft covers]
by John Garrett, M.D. & Bob Reznik, M.B.A.

*Dr. Scott's Knee Book [1996]
by Dr. W. Norman Scott

*Joint Pain: Understanding Your Treatment Options [1997]
by Thomas Beck, M.D.

*Instant Pain Relief-Seminar [DVD]
by Dr. William J. Faber of The Milwaukee Pain Clinic
*Instant Pain Relief-A Proven Method of Immediate Resolution of Pain and Dysfunction [1991]
by William J. Faber, D.O. and Morton Walker, D.P. M.

*Pain Pain Go Away-Free Yourself from Chronic Pain [1990]
by William J. Faber, D.O. and Morton Walker, D.P.M.

*Neural Fascial Therapy [VHS]
by William J. Faber, D.O.

*Reconstruction Therapy [VHS]
by William J. Faber, D.O.

*Prolo Your Pain Away!-Curing Chronic Pain with Prolotherapy [1984]
by Ross A. Hauser, M.D.

*Pain Management for the Practicing Physician [1997]
by Gordon A. Irving & Mark S. Wallace

*Overcoming Repetitive Motion Injuries the Rossiter Way [1999]
by Richard H. Rossiter with Susan MacDonald

*Awareness Heals-The Feldenkrais Method for Dynamic Health [1997]
by Steven Shafarman

*PAIN FREE in Six Weeks [2001]
by Sherry A. Rogers, M.D.

*What To Do For a Pain In The Neck-The Complete Program for Neck Pain Relief [2001]
by Jerome Schofferman, M.D.

*Arthritis, Rheumatism and Osteoporosis An Effective Program for Correction Through Nutrition [1986]
by Bernard Jensen, Ph.D., Clinical Nutritionist

*Get A Grip On Arthritis and Other Inflammatory Disorders [2004]
by Lorna R. Vanderhaeghe
*Arthritis-Reverse Underlying Causes of Arthritis with Clinically Proven Alternative Therapies (1997)
by Eugene Zampieron, N.D., A.H.G. and Ellen Kamhi, Ph.D., R.N., H.N.C. 
with Burton Goldberg

by Dava Sobel & Arthur C. Klein

*50 Ways to Cope with Arthritis (1995)
by Diana L. Anderson, R.N., M.S.N.

*The Arthritis Solution (1997)
by Joseph Kandel, M.D. and David B. Sudderth, M.D.

*The Arthritis Breakthrough (1993)
by Henry Scammell

*How to Eat Away Arthritis (1996)
by Lauri M. Aesoph, N.D.

*PAIN-The Challenge and the Gift (1991)
by Marti Lynn Matthews

*Overcoming the Pain of Inflammatory Arthritis-The Pain-Free Promise of Pantothenic Acid (1997)
by Phyllis Eisenstein & Samual M. Scheiner, Ph.D.

*Autogenic Training-A Mind-Body Approach to the Treatment of Fibromyalgia and Chronic Pain Syndrome (2001)
by Micah R. Sadigh, Ph.D.

by Neal Barnard, M.D.

*Reversing Fibromyalgia- How to Treat and Overcome Fibromyalgia and Other Arthritis-Related Diseases (1997)
by Dr. Joe M. Elrod
*Explaining “Unexplained Illnesses” [2007]
by Martin L. Pall, Ph.D.

*Fibromyalgia & Muscle Pain [1998]
by Leon Chaitow N.D. D.O.

*Why We Hurt-A Complete Physical & Spiritual Guide to Healing Your Chronic Pain [2007]
by Dr. Greg Fors

*Fibromyalgia Handbook [1996]
by Harris H. McIlwain, M.D. and Debra Fulghum Bruce

*The Fibromyalgia Help Book [1996]
by Jenny Fransen, R.N.

*Arthritis-Questions you have...Answers you need [1994]
by Ellen Moyer

*Osteo-Arthritis-A Step-by-Step Success Story to Show Others They Can Help Themselves [1989]
by Fred L. Savage

*Arthritis Stop Suffering Start Moving [1995]
by Darlene Cohen

*The Trigger Point Therapy Workbook [2001]
by Clair Davies, N.C.T.M.B.

*Fibromyalgia & Chronic Myofascial Pain Syndrome-A Survival Manual [1996]
by Devin Starlanyl, M.D. and Mary Ellen Copeland, M.S., M.A.

*What Your Doctor May Not Tell You About Fibromyalgia [1999]
by R. Paul St. Amand, M.D., and Claudia Craig Marek

*CFIDS, Fibromyalgia, and the Virus-Allergy Link-New Therapy for Chronic Functional Illnesses [2000]
by Bruce Duncan, FRCS, FRACS, FAAOA
*Supplements for Fibromyalgia (1998)
by Joe M. Elrod, Ph.D.

*Chronic Fatigue Syndrome (1994)
by Michael T. Murray, N.D.

Chronic Fatigue, Fibromyalgia & Environmental Illness (1998)
by Burton Goldberg

*Chronic Fatigue & Fibromyalgia [Guest: Jacob Teitelbaum, M.D.] [DVD]
by The Peoples Pharmacy with Joe & Terry Graedon

*Chronic Fatigue, Fibromyalgia & Lyme Disease (2004)
by Burton Golberg and Larry Trivieri, Jr.

*When Muscle Pain Won't Go Away (1992)
by Gayle Backstrom with Dr. Bernard R. Rubin

*Betrayal by the Brain (1996)
by Jay A. Goldstein, MD

*From Fatigue to Fantastic (1996)
by Jacob Teitelbaum, MD

*From Fatigue to Fantastic Revised & Updated (2010)
by Jacob Teitelbaum, MD

*Adrenal Fatigue (2002)
James L. Wilson

*Chronic Fatigue Syndrome and the Yeast Connection (1992)
by William G. Crook, MD

*Curing Fatigue (1993)
by David S. Bell, MD

Coping with Limb Loss (1995)
by Ellen Winchell, Ph.D.
*Aspirin Alternatives (1999)
by Raymond M. Lombardi, DC, ND, CCN

*The Cox-2 Connection (2001)
by James B. LaValle, R.Ph., N.M.D., C.C.N

*Beyond Cortisone (1999)
by Martha Moore, A.H.G.

by William McK Jefferies

*Discovery of Magnetic Health (1993)
by George J. Washnis and Richard Z. Hricak

*Magnet Therapy The Pain Cure Alternative (1998)
by Ron Lawrence, M.D., Ph.D.

by Carl Germano, R.D.

*Conquering Pain The Art of Healing with BioMagnetism (1999)
by Peter Kulish

*The Pain Relief Breakthrough (1998)
Julian Whitaker, M.D.

by Ellen Mohr Catalano, M.A.

*The Pain Cure (1999)
by Dharma Singh Khalsa, M.D.

*Complete Guide to Pain Relief (2000)
by Reader's Digest
*Pain Free-A Revolutionary Method for Stopping Chronic Pain [1998]
by Pete Egoscue

*The Fibro Fix [2016]
by Dr. David Brady

*Exercise Can Beat Arthritis [1989]
by Valerie Sayce and Ian Fraser

*DMSO Nature's Healer [1993]
by Dr. Morton Walker

*Tired of Being Tired [1994]
by Michael A. Schmidt

*How to Deal With Back Pain & Rheumatoid Joint Pain [1991]
by F. Batmanghelidj

*Repetitive Strain Injuries [1998]
by Timothy J. Jamesin, DC

*The 7-Day Back Pain Cure [2009]
by Jesse Cannone

*Back Pain How to Relieve Low Back Pain and Sciatica [1997]
by Loren Fishman, MD

*The Wharton's Back Book [2003]
by Jim & Phil Wharton

[86 books]

**Hardback *Paperback

(1) DVD
(2) VHS
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We have the following books available on Various Cancers, Breast Cancer, Prostate, and Men's Issues etc.

by Dr. Bob Arnot

by John R. Lee, MD

**The Breast Cancer Prevention Program (1997)
by Samuel S. Epstein, MD

*Holding Tight Letting Go Living with Metastatic Breast Cancer (1997)
by Musa Mayer

*Tamoxifen & Breast Cancer (1994)
by Michael W. DeGregorio

*Lymphedema (1999)
by Jeannie Burt & Gwen White, P.T.

*The Red Devil to Hell with Cancer-and Back (1999)
by Katherine Russell Rich

*Breast Cancer and Iodine (2001)
by Dr. David M. Derry, MD
*The Breast Cancer Prevention Plan [2006]
by Dr. Edward J. Conley

*Tell Me What to Eat to help Prevent Breast Cancer [2000]
by Elaine Magee, M.P.H.

*Breast Cancer What You Should Know [But May Not Be Told] About Prevention, Diagnosis and Treatment [1994]
by Steve Austin, N.D.

*A Woman's Decision [1998]
by Karen Berger and John Bostwick III, MD

Dr. Susan Love's Breast Book [1991]
by Susan M. Love, MD

*Living Beyond Breast Cancer [1998]
by Marisa C. Weiss

**Life Over Cancer [2009]
by Keith I. Block

*The No-Dairy Breast Cancer Prevention Program [2001]
by Jane A. Plant, Ph.D.

**KNOCKOUT Interviews with Doctors who are Curing Breast Cancer- and How to Prevent Getting It In the First Place [2009]
by Suzanne Somers

*Outsmart Your Cancer Alternative Non-Toxic Treatments That Work [2009]
by Tanya Harter Pierce, MA

by Sharon Sorenson

*Maximize Your Vitality & Potency [1999]
by Jonathan V. Wright & Lane Lenard, Ph.D.
by Patrick C. Walsh, MD & Janet Farrar Worthington

*Coping with Prostate Cancer (1994)
by Robert H. Phillips, Ph.D.

*The Prostate Miracle New Natural Therapies That Can Save Your Life (2000)
by Jesse A. Stoff, MD

by Martin Gelbard, MD

**Conquering Bladder and Prostate Problems (1998)
by Jerry G. Blaivas, MD

*Beating Prostate Cancer: Hormonal Therapy & Diet (2007)
by Dr. Charles “Snuffy” Myers

*The ABC's of Advanced Prostate Cancer (2000)
by Mark A. Moyad, MPH

*The Prostate Cancer Sourcebook (1998)
by Marcus H. Loo, MD

by Stephen B. Strum, MD

*Prostate Health in 90 Days without Drugs and Surgery (1997)
by Larry Clapp, Ph.D.

*Fight Fat A Total Lifestyle Program for Men to Stay Slim and Healthy (1995)
by Stephen C. George

*How To Stop Baldness and Regrow Hair (1995)
by Morton Walker, DPM
**Male Menopause [1997]
by Jed Diamond

*The Testosterone Solution (1997)
by Aubrey Hill, MD

**How Men Can Live as Long as Women [1993]
by Ken Goldberg, MD

**The Testosterone Advantage Plan [2002]
by Lou Schuler

**The Way of the Superior Man [1997]
by David Deida

*American Cancer Society Textbook of Clinical Oncology [1995]
by American Cancer Society

*Cancer-Free Your Guide to Gentle, Non-Toxic Healing
by Bill Henderson

*Your Cure for Cancer [1998]
by Robert E. Smith, Ph.D.

*The Macrobiotic Approach to Cancer [1991]
by Michio Kushi

*HOPE Medicine & Healing [2009]
by Francisco Contreras, MD

**Dr. Folkman's War: Angiogenesis and the Struggle to Defeat Cancer [2001]
by Robert Cooke

*What to Eat if You Have Cancer- Healing Foods that Boost Your Immune System [2007]
by Maureen Keane, MS
**The Strang Cookbook for Cancer Prevention (1998)
by Laura Pensiero, RD

*Cancer Salves A Botanical Approach to Treatment (1999)
by Ingrid Naiman

by Jonathan Chamberlain

*Beating Cancer With Nutrition (2005)
by Dr. Patrick Quillin

**The Emperor of all Maladies (2010)
by Siddhartha Mukherjee

*The End of Cancer Seeking a New Understanding to Defeat the Enemy Within (2004)
by April Kirkendoll

*A Cancer Therapy Results of Fifty Cases and The Cure of Advanced Cancer by Diet Therapy (1990)
by Max Gerson, MD

by John M. Fink

by American Cancer Society

*The Skin Cancer Answer (1999)
by Dr. I. William Lane & Linda Comac

**Anti Cancer A New Way of Life (2010)
by David Servan-Schreiber, MD

by Donna L. Weihofen, RD, MD
*Laetrile-Nutritional Control for Cancer with Vitamin B-17 [1978]
by Glenn D. Kittler

*The Cancer Breakthrough You've Never Heard Of [2000]
by Richard A. Evans, MD

**Making Miracles Happen [1997]
by Gregory White Smith

**The Journey Through Cancer [2000]
by Jeremy Geffen, MD

*The Cancer Industry [1991]
by Ralph W. Moss, Ph.D.

*Cancer Therapy [1992]
by Ralph W. Moss, Ph.D.

*The CanCell Controversy [1993]
by Louise B. Trull

*Choices in Healing [1994]
by Michael Lerner

**Cancer and Vitamin C [1979]
by Ewan Cameron and Linus Pauling

*The IP6 with Inositol Nature's Ultimate Anti-Cancer Pill [1999]
by L. Stephen Coles, MD

*Fighting Radiation & Chemical Pollutants with Foods, Herbs & Vitamins [1990]
by Steven R. Schechter, N.D.

*Cancer Diagnosis What To Do Next [2000]
by Alternative Medicine Guide

*I Can Cope Staying Healthy with Cancer [1988]
by Judi Johnson & Linda Klein
*How to Fight Cancer & Win [2000]  
by William L. Fisher

*Cancer 50 Essential Things to Do [1999]  
by Greg Anderson

*Progress of Cellular Medline [1999]  
by Matthias Rath, MD

*The Cancer Prevention Diet [1983]  
by Michio Kushi with Alex Jack

*One Answer To Cancer [1997]  
by Dr. William Donald Kelley, DDS

*The End of Cancer [1995]  
by Charlotte Dubois & John Lubecki, DC

by Kedar N. Prasad, Ph.D.

*Nutrition and the Cancer Patient [1983]  
by Joyce Daly Margie, MS

**Miracle Cure Organic Germanium [1980]  
by Kazuhiko Asai, Ph.D.

*Cancer Disarmed Healing Benefits of a Natural Asian Formula [2003]  
by Nina Anderson, S.P.N.

*ESSIAC ESSENTIALS The Remarkable Herbal Cancer Fighter [1999]  
by Shelia Snow & Mali Klein

*A Cancer Battle Plan [1992]  
by Anne E. Frahm with David J. Frahm

*Cancer Treating Cancer with Insulin Potentiation Therapy [2002]  
by Ross A. Hauser, MD
*What You Need to Know About Cancer [1997]
by Scientific American (A Special Issue)

**Definitive Guide to CANCER [1997]
by Alternative Medicine

*A Women's Decision [3rd Edition] [1998]
by Karen Berger

*One Answer to Cancer [1998]
by William Kelley, D.D.S.

*Cancer Breakthrough USA! [2009]
by Frank Cousomeau

*German Cancer Breakthrough [2011]
by Andrew Scholberg

*Bossm Buddies [1999]
by Rosie O'Donnell and Deborah Axelrod, MD

*Laetrile: Case Histories [2005]
by John D. Richardson

*Cancer Cover-Up [2001]
by Kathleen Deoul

**Men's Health for Dummies
by Charles B. Inlander

*Paperback  **Hardback

Total: 92