We have the following books available on Herbs, Natural Healing with Herbs & Homeopathy

*A Handbook of Native American Herbs [1992]
by Alma R. Hutchens

*Edible Wild Plants A North American Field Guide [1990]
by Thomas S. Elias & Peter A. Dykeman

*Earl Mindell's Herb Bible [1992]
by Earl Mindell

*Ginkgo A Practical Guide [1998]
by Georges Halpern, MD

*Nature's Secrets for Health & Beauty [1998]
by Minoo Golnazar

*Nature's Super Medicines [1997]
by Dr. Jonathan Heinmann

*Wise Women Herbal HEALING WISE [1989]
by Susan S. Weed

*Heinerman's Encyclopedia of Healing Herbs & Spices [1996]
by John Heinerman
by Louise Tenney, M.H.

by Rebecca Flynn, M.S.

*How to Be Your Own Herbal Pharmacist (1991)
by Linda Page, N.D.

*Drug-Herb-Vitamin Interactions Bible (2000)
by Richard Harkness, Pharm., FASCP

*The Encyclopedia of Bach Flower Therapy (2001)
by Mechthild Scheffer

*Herbal Prescriptions for Better Health (1996)
by Donald J. Brown, N.D.

*Kids, Herbs, Health (1999)
by Linda B. White, MD

*The Cure is in The Cupboard (1997)
by Dr. Cass Ingram's

*Guarana The Energy Seeds and Herbs of the Amazon Rainforest (1994)
by Michael Van Straten

*Natural Healing with Herbs (1991)
by Humbart Santillo, BS

*Superior Healing Power (1994)
by Willie Southall

*Black Cohosh A Natural Alternative Method for Balancing Hormone Levels (2000)
by James B. LaValle, R.Ph., N.D.
*A Handbook of Chinese Healing Herbs [1995]  
by Daniel Reid

by Daniel Reid

*The Herbal Body Book [1994]  
by Stephanie Tourles

*Falling Leaf Vibrational Remedies Essences Using Autumn Leaves  
New Treatments for Body & Soul [2002]  
by Grant R. Lambert, Ph.D.

*Infusions of Healing [1999]  
by Joie Davidow

*New Bach Flower Therapies [1995]  
by Dieimar Kramer

*How Indians Use Wild Plants for Food, Medicine & Crafts [1974]  
by Frances Densmore

*Kombucha Phenomenon The Miracle Health Tea [1996]  
by Betsy Pryor & Sanford Holst

*Dandelion Medicine [1999]  
by Brigitte Mars

*Herbs for Health and Healing [1996]  
by Kathi Keville

*Medicinal Mushrooms [1986]  
by Christopher Hobbs, L. Ac.

*Rainforest Remedies [1993]  
by Rosita Arvigo, D.N.
by James A. Duke

*The Best 125 Meatless Pasta Dishes (1992)  
by Mindy Toomay

by Terry Lemerond

*The Complete Book of Spices (1983)  
by John Heinerman

*Back to Eden (1989)  
by Jethro Kloss

*Secrets of the Sacred White Buffalo (1998)  
by Gary Null, Ph.D.

*Recipes from an American Herb Garden (1993)  
by Maggie Oster

**Radiant Health (1998)  
by Ron Teeguarden

*Advanced Bach Flower Therapy (1992)  
by Gotz Blome, MD

by Lester A. Mitscher, Ph.D.

*Asparagus Can Do It For You (1995)  
by Theodore A. Baroody, DC

*ESSIAC A Native Herbal Cancer Remedy (1996)  
by Cynthia Olsen

*Herbal Defense (1997)  
by Robyn Landis
**Herbal Remedies in Pots (1996)
by Effie Romain & Sue Hawkey

*Natural Healing with Herbs (1983)
by Humbart Santillo, ND

by Nico Vermeulen

**Rodale's Illustrated Encyclopedia of Herbs (1987)
by K & H Kowalchik

by Joe Graedon and Teresa Graedon, Ph.D.

*VITEX The Women's Herb (1990)
by Christopher Hobbs, L.Ac.

**Herbal Tonic Therapies (1993)
by Daniel B. Mowrey, Ph.D.

*Medicine Quest (2000)
by Mark J. Plotkin, Ph.D.

*KAVA Medicine Hunting in Paradise (1996)
by Chris Kilham

by David Hoffman

*Herbal Secrets of the Rainforest (1998)
by Leslie Taylor

**10 Natural Remedies That Can Save Your Life (1999)
by James F. Balch, MD

*American Indian Healing Arts (1999)
by E. Barrie Kavasch and Karen Baar
by Mark Mayell

Asian Health Secrets (1996)
by Letha Hadady, D.Ac.

Growing & Using Healing Herbs (1985)
by Gaea and Shandor Weiss

The Healing Herbs (1991)
by Michael Castleman

Nature's Cures (1996)
by Michael Castleman

KAMPO How the Japanese Updated Traditional Herbal Medicine (1991)
by Akira Tsumura

The Scientific Validation of Herbal Medicine (1986)
by Daniel B. Mowrey, Ph.D.

The Encyclopedia of Medicinal Plants (1996)
by Andrew Chevallier

Nature's Medicine Plants that Heal
by Joel L. Swerdlow, Ph.D.

Herbal Drugs and Phytopharmaceuticals (2001) [2nd Edition]
by Norman Grainger Bisset

Magic and Medicine of Plants (1986)
by Reader's Digest

by Anna Kruger
**HERBS An Illustrated Encyclopedia (1995)  
by Kathi Keville

**Chinese Natural Cures (1994)  
by Henry C. Lu

**The Green Pharmacy (1997)  
by James A. Duke, Ph.D.

**AYURVEDA The Ancient Indian Healing Tradition (1997)  
by Gopi Warrier

**CHINESE MEDICINE A Comprehensive System for Health and Fitness (1996)  
by Tom Williams, Ph.D.

*Herbal Legacy of Courage [AUDIO Tape]  
by John R. Christopher, N.D.

Homeopathy

by Dr. Andrew Lockie

by Dana Ullman, M.P.H.

*The Biochemic System of Medicine (2005)  
by George W. Carey, MD

by Dr. Christopher Hammond

by Miranda Castro
*Emotional Healing with Homeopathy (1994)
by Peter Chappell

by Stephen Cummings, MD & Dana Ullman, M.P.H.

**Hardback *Paperback

[83 books]
[1 Audio]
We have the following books on Lyme Disease

*Lyme Disease Selected Articles from The New England Journal of Medicine [1987]
by Massachusetts Medical Society

*The Lyme Disease Survival Guide [2008]
by Connie Strasheim

*Beating Lyme: Understanding and Treating This Complex and Often Misdiagnosed Disease [2008]
by Constance A. Bean

*Beating Lyme Disease [2008] [Second Edition]
by Dr. David A. Jernigan

*The Top 10 Lyme Disease Treatments [2007]
by Bryan Rosner

by Stephen Harrod Buhner

*Lyme Disease Solution [2008]
by Kenneth B. Singleton, MD

*Chronic Lyme Disease: Ways to Outsmart a Smart Disease [2008]
by Gigi Guthrie, MSW
*The Great Imposter [a booklet]
by Integrative Medical Center

*Coping with Lyme Disease (2004)
by Denise Lang

*Under Our Skin There's No Medicine for Someone Like You
The Hidden Story of Lyme's Disease DVD

*Unlocking Lyme (2017)
by William Rawl

*Why Can't I Get Better? Solving the Mystery of Lyme & Chronic Disease
by Richard I. Horowitz, MD

(12 books)
(1 DVD)  *Paperback
We have the following books available on Diabetes, Hypoglycemia and Neuropathy

*Diabetes and Hypoglycemia (1994)
by Michael T. Murray, N.D.

*Peripheral Neuropathy (2007)
by Norman Latov, MD

*Nutrients for Neuropathy (2002)
by John A. Senneff

*Numb Toes and Aching Soles-Coping with Peripheral Neuropathy (1999)
by John A. Senneff

*You Can Cope with Peripheral Neuropathy (2009)
by Mims Cushing & Norman Latov, M.D.

by Jenny Ruhl

*Psyching Out Diabetes-A Positive Approach to Your Negative Emotions (1997)
by Richard R. Rubin, Ph.D.

*The Diabetes Diet (2005)
by Richard K. Bernstein, M.D.

by Maria Thomas
by Jennie Brand Miller

*Real Food for People with Diabetes (1997)
by Doris Cross

by Ruth Glick

*Eat Away Diabetes (2002)
by Kristine Napier, M.P.H.

by Gary Scheiner, MS, CDE

*When A Child Has Diabetes (1999)
by Denis Daneman, MB

*Diabetes-Free Kids (2005)
by Sheri Colberg, Ph.D.

*The Insulin-Resistance Diet (2001)
by Cheryle R. Hart, M.D. & Mary Kay Grossman, R.D.

*The Type 2 Diabetes Breakthrough (2006)
by Frank Shallenberger, MD

*Stop Prediabetes Now (2007)
by Jack Challem

*The Leptin Boost Diet
by Scott Isaacs, MD

*Mastering Leptin
by Bryan J. Richards

*The Great Chicken Cookbook (1999)
by Beryl M. Marton
*Take Charge of Your Diabetes [2007]
by Sarfraz Zaidi, MD

*Beat Diabetes Naturally [2006]
by Michael Murray, ND and Michael Lyon, MD

*There is A Cure for Diabetes [2008]
by Gabriel Cousens, MD

*Reversing Diabetes [1987]
by Julian M. Whitaker, MD

*The Type 2 Diabetes Sourcebook [2000]
by David Drum and Terry Zierenberg, RN., C.D.E.

*Diabetes for Dummies [2001]
by Alan L. Rubin, MD

*Complete Guide to Diabetes [2002]
by American Diabetic Association

*The Diabetes Improvement Program [1999]
by Patrick Quillin, Ph.D.

*Syndrome X [2002]
by Jack Challem

*Low Blood Sugar and You [1992]
by Carlton Fredricks, Ph.D.

*Hypoglycemia (Low Blood Sugar) [1995]
by William G. Crook, MD

*Hypoglycemia-One of the most widespread and misdiagnosed Diseases [Keats Good Health Guide] [1996]
by Marilyn Light

*Hypoglycemia [1996]
by Louise Tenney, M.H.
*GTF Chromium [Glucose Tolerance Factor] [1982] [A Good Health Guide]
by Richard A. Passwater

*New Low Blood Sugar and You (1985)
by Carlton Fredricks, Ph.D.

*Hypoglycemia [1980]
by Jeraldine Saunders and Dr. Harvey M. Ross

*Tell Me What To Eat If I Have DIABETES [2004]
by Elaine Magee, M.P.H., R.D.

*Diabetes Without Drugs [2010]
by Suzy Cohen, RPh

*Diabetes Meal Planning Made Easy [2010]
by Hope S. Warshaw, MMSc, RD, CDE, BC-ADM

*The Heart --Smart Diabetes Kitchen [2009]
by American Diabetes Association

*The Blood Sugar Solution [DVD]
by Mark Hyman, MD

**The Blood Sugar Solution [2012]
by Mark Hyman, MD

**The Blood Sugar Solution Cookbook [2013]
by Mark Hymen, MD

*Secret Nerve Cure [2013]
by Dr. Bob Martin

*Cut the Fat-Great Diabetic Meals the Whole Family Will Enjoy [1996]
by Time-Life Books

*Overcoming Runaway Blood Sugar [2006]
by Dennis Pollock

**Dr. Bernstein's Diabetes Solution [1997]
Richard Berstein, MD
**Dr. Bernstein's Diabetes Solution [2003] Updated & Revised
by Richard Bernstein, MD

by Richard Bernstein, MD

(50 books)

**Hardcover  *Paperback
We have the following books on Diet, Carbohydrates, Calories & Fat, Binge Eating, Emotional Eater, Compulsive Eater

**The Abs Diet (2004)
by David Zinczenko

*Fit and Fabulous (2006)
by Teresa Tapp

*The 7-Minute Miracle (2002)
by Sheldon Levine, MD

*Conscious Eating (1992)
by Gabriel Cousens, MD

*Making Peace with Food (1989)
by Susan Kano

**Inner Eating (1991)
by Shirley Billigmeier

by NutriBase Guide

*Rich Food Poor Food (2013)
by Jayson Calton, Ph.D. And Mira Calton, CN
*Bursting with Energy [2002]  
by Frank Shallenberger, MD

**Hunger Free Forever [2007]  
by Michael T. Murrey, ND and Michael R. Lyon

**Ultra Metabolism [2006]  
by Mark Hyman, MD

**The Fast Track One Day Detox Diet [2005]  
by Ann Gittleman, Ph.D.

**Good Calories, Bad Calories [2007]  
by Gary Taubes

**The Beck Diet Solution [2007]  
by Judith S. Beck, Ph.D.

**Protein Power [1996]  
by Michael R. Eades, MD & Mary Dan Eades, MD

**The Primal Diet [2005]  
by Aajonius Vonderplanitz

**The Amen Solution [2011]  
by Daniel G. Amen, MD

**Meditating To Attain A Healthy Body Weight [1994]  
by Lawrence LeShan, Ph.D.

**The Fast Metabolism Diet [2013]  
by Haylee Pomroy

*The Potbelly Syndrome [2006]  
by Russell Farries and Per Marin, MD

*Different Bodies Different Diets [2001]  
by Carolyn L. Mein, DC
*Eating Awareness Training [1983]
by Molly Groger

*The Emotional Eater's Book of Inspiration [2007]
by Debbie Danowski, Ph.D.

*50 Ways to Soothe Yourself Without Food [2009]
by Susan Albers, Psy.D.

*Eating Mindfully [2003]
by Susan Albers, Psy.D.

*Mindless Eating [2010]
by Brian Wansink, Ph.D.

*Runaway Eating [2005]
by Cynthia M. Bulik, Ph.D.

*Overcoming Binge Eating [1995]
by Dr. Christopher Fairburn

**Body & Soul [1993]
by Susan Meltsner

by Geneen Roth

**Women Food and God [2010]
by Geneen Roth

*Breaking Free from Emotional Eating [2004]
by Geneen Roth

*When Food Is Love [1991]
by Geneen Roth

*Feeding the Hungry Heart [1993]
by Geneen Roth
**You On A Diet [2006]
by Michael F. Roizen, MD and Mehmet C. Oz, MD

**The Virgin Diet [2012]
by JJ Virgin

**The Rosendale Diet [2004]
by Ron Rosedale, MD

**The Micronutrient Miracle [2015]
by Jayson Calton, Ph.D.

**The Hormone Reset Diet [2015]
by Sara Gottfried, MD

*Reasonably Thin [1998]
by Jesse Dillinger

*There is Nothing Wrong With You [2012]
by Cheri Huber

*The Volumetrics Eating Plan [2005]
by Barbara Rolls, Ph.D.

*Forks Over Knives [2011]
by T. Colin Campbell, Ph.D.

*The Town that Lost A Tom [2002]
by Jane Clemen, RD., LD

**The Gold Coast Cure [2005]
by Andrew Larsen, MD

*Dr. Colbert’s “I Can Do This” DIET [2011]
by Don Colbert, MD

**The Whitaker Wellness [2006]
by Julian Whitaker, MD
**Lose to Win [1992]
by Stephen T. Sinatra, MD

**The Best Life Diet [2006]
by Bob Greene

**The South Beach Diet [2003]
by Arthur Agatston, MD

*The Pathway Follow the Road to Health and Happiness [2003]
by Laurel Mellin

*Dr. Gundry's Diet Evolution [2008]
by Steven R. Gundry

**Your Fat Is Not Your Fault [1997]
by Carol Simontacchi, C.C.N.

**Dr. Shapiro's Picture Perfect Weight Loss [2000]
by Dr. Howard M. Shapiro

**The Core Balance Diet [2009]
by Marcelle Pick, MSN

*The Weigh Down Diet [1997]
by Gwen Shamblin's

Foods That Cause You To Lose Weight [1992]
by Neal Barnard, MD

*The China Study [2004]
by T. Colin Campbell, Ph.D.

*Eat to Live [2003]
by Joel Fuhrman, MD

*The Right Bite [2001]
by Stephanie Dalvit-McPhillips, Ph.D.
**The 3-Season Diet [2000]
by John Douillard

**The Maker's Diet [1982]
by Jordan S. Rubin

**The Body Code [1999]
by Jay Cooper, MS

*The Metabolic Typing Diet [2002]
by William Wolcott and Trish Fahey

**Dr. Gott's No Flour, No Sugar Diet [2006]
by Peter H. Gott, MD

*Shred 10 Years in 10 Weeks [1997]
by Julian Whitaker, MD

**The New Fat Flush Plan [2016]
by Ann Louise Gittleman, MS

**The Fat Blocker Diet [1997]
by Arnold Fox, MD

**Fight Fat After Forty [2000]
by Pamela Peeke, MD

*Thin for Life [1994]
by Anne M. Fletcher, MS

(70 books)

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We have the following books on Energy Medicine and Light Therapy

*The Body Electric (1985)
by Robert O. Becker, MD

*Energy Tapping (2000)
by Fred P. Gallo, Ph.D.

by Stewart Brand

*Earthing The Most Important Health Discovery Ever? (2010)
By Stephen T. Sinatra

by Kerry Crofton, Ph.D.

by Richard Gerber, MD

*Healing Is Voltage The Handbook (2011)
by Jerry Tennant, MD

*The Spiritual Life of Water It's Power and Purpose (2010)
by Alick Bartholomew
by Michael Bradford

*Radionics & Radiesthesia (1987)
by Jane E. Hartman, ND

by Donna Eden

*Getting Started in Magnetic Healing (1998)
by Buryl Payne, Ph.D.

*Medicine for the Earth (2000)
by Sandra Ingerman

*Quantum-Touch The Power to Heal (2002)
by Richard Gordon

*The Future of the Body (1992)
by Michael Murphey

edited by T.M. Srinivasan, Ph.D.

**Cross Currents (1990) 2 copies
by Robert Becker, MD

*Warning: The Electricity Around You May Be Hazardous to Your Home (1992)
by Ellen Sugarman

*Electromagnetic Fields (2007)
by B. Blake Levitt

*Currents of Death (1989)
by Paul Brodeur
*Rudolf Steiner and Holistic Medicine [1991]
by Francis X. King

*The Global Brain [1983]
by Peter Russell

*Health Hazards of Electromagnetic Radiation [2009]
by Bruce Fife, ND

*Dirty Electricity [2010]
by Samuel Milham, MD

*ZAPPED [2010]
by Ann Louise Gittleman

*Seven Experiments That Could Change the World [1995]
by Rupert Sheldrake

*Healthy With Tachyon [2000]
by Andreas Jell

*Hands of Light A Guide to Healing Through the Human
Energy Field [1987]
by Barbara Ann Brennan

*Light Emerging The Journey of Personal Healing [1993]
by Barbara Ann Brennan

*Light Years Ahead The Illustrated Guide to Full Spectrum and Colored
Light in Mindbody Healing [1996]
forward by Ggabriel Cousens, MD

*The Power of Color [1991]
by Dr. Morton Walker

*Light Medicine of the Future [1991]
by Jacob Liberman, OD
*Colour Me Healing (1997)
by Jack Allanach

*Let There Be Light (1978)
by Darius Dinshah

*Radionics Interface with the Ether Fields (1986)
by David Tansley, DC

*Subtle Energies (Vol. Two Number Two (1991)
by Steven Fahrion

by William Philport

*Crystals and Light (1997)
by Elizabeth A. Wood

by Walter Lubeck

(39 books)

*Paperback